

✧ beauty

hair

> CUT & COLOR	\$78
> CUT & STYLE	\$40
> FOIL COLORING	\$78 & UP
> PERMANENT WAVING & CURL REDUCTION	\$80 & UP
> MEN'S CUT	\$22
> CHILDREN'S CUT	\$18

full waxing services

> FACIAL	\$12 AN AREA
> BIKINI	\$30
> BRAZILIAN	\$52

✧ nails

> OCEANS PEDICURE \$45

A walk on the beach has never felt this good! Smooth beach stones cradle your feet as they soak in herbal water and detoxifying Dead Sea salts. Following the foot bath, a nail shaping and buffing prepares you for a Pure Organic Sugar Scrub to smooth away rough, dry areas of the sole. After a rinse, experience ultimate relaxation as your legs and feet are massaged with hot basalt stone and ultra-rich vegan Body Butter and then wrapped in warmed towels. A nail finishing and DBA-free vegan polish completes this service. 55 minutes.

> LUSCIOUS MANICURE \$30

The crème de la crème of manicures. This manicure includes an exfoliation with Dead Sea salts, organic sugar masque, aromatherapy and reflexology. Then nails are tastefully filed and polished DBP-free vegan lacquer, followed by a heaping of high intensity hand cream, then we turn up the heat by massaging away the day's worries with heated stones. Ooo-la-la! 55 minutes.

> QUICKIE FIX MANICURE/PEDICURE \$45

Short on time but still need some loving? We have what you need. An hour long blended version of Oceans Pedicure and Luscious Manicure, less time but just as relaxing! 55 minutes.

✧ other services

yoga & meditation \$10 (per class)

Please call or visit us online for our monthly yoga schedule.

holistic health counseling \$75 (per hour)

foot reflexology call for pricing

✧ product lines

- Dermalogica
- Abba
- Pureology
- spaRitual
- naked bee
- the mystic masala
- arbonne
- Greens+

home
a wellness center

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860-445-5952

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Home Wellness Center

is a healing cooperative made up of like-minded practitioners dedicated to the enhancement of personal health and overall well-being. We offer a wide variety of services, focusing on personal aesthetics, physical and mental health, as well as spiritual growth.

Our practitioners are well-educated and well-practiced in their specialties. We value our connection with each other and our community. We're committed to treating our clients with openheartedness and kindness, as though we were at home.

We are proud to offer our services in a positive, healthy environment which supports wellness on all levels. The products we use are certified organic, vegan, and environmentally friendly.

We invite you to
join us in the journey.

✿ body work

> SWEDISH MASSAGE \$45 & \$65

Swedish Massage restores vital energy, reduces stress and muscle tension and promotes a balanced body and state of mind. This is a deeply relaxing full body massage that features a combination of styles and gentle to firm pressure. We pay special attention to areas where you hold stress and tension. Our highly professional therapists will make sure you're completely comfortable, even if it's your first massage. All guests are totally draped to ensure privacy. 55 minute or 90 minute sessions.

> ULTIMATE HOT STONE MASSAGE \$55 & \$82

Experience the deep soothing relaxation of water-heated stones in the hands of our specially trained therapist. While applying customized aromatherapy oils, traditional massage techniques complement the warmth of the stones to ease muscle tension and restore a calming balance. A rewarding combination of therapies. Pure indulgence for the mind, body and spirit. 55 minute or 90 minute sessions.

> PREGNANCY MASSAGE \$55

Our certified massage therapists provide a nurturing treatment designed to support mothers-to-be, easing the common discomforts in upper and lower back and helping you adjust to the physical and emotional changes that pregnancy brings. 55 minutes.

> DEEP TISSUE MASSAGE \$55 & \$82

Feel like you overdid it at the gym? This intensive treatment uses focused, firm pressure on specific muscle groups to reduce discomfort resulting from overexertion, stress, or intense exercise. Also excellent for those with chronic conditions and postural problems. 55 minute or 90 minute sessions.

✿ skin care

> HOMES CLEANSING FACIAL \$45

Customized to your specific skin's needs. A thorough cleansing, exfoliation, followed by a gentle extraction make our signature facial a must for all skin types. Facial massage, mask, and a day cream application complete this balancing treatment. 55 minutes.

> PURE RELAXATION FACIAL \$55

Indulge and release your tensions away while entering pure bliss as we incorporate hot stones into your facial. Enjoy the combination of the heat and the energetic properties of basalt stones on your arms, hands, legs, and feet. The soothing massage strokes will produce a deep and penetrating state of tranquility. Our hot stones turn this complete facial that includes all of amenities in the "Home's Facial" into a therapeutic session designed to stimulate circulation and rejuvenate your body, mind, and spirit. 55 minutes.

> ACNE CLEARING FACIAL \$60

It's the end of the line for adult acne with this powerful treatment that jump-starts acne clearing and helps prevent acne well beyond the treatment. We'll start with a thorough deep-cleansing, followed by professional exfoliation to remove pore-clogging skin cells and extractions to help clear current breakouts without spreading acne-causing bacteria. The application of our soothing professional masque system detoxifies skin while calming irritation and redness, and oil-free hydration and solar defense help hydrate and control excess surface oil while keeping skin protected. Series of 3 for \$165. 75 minutes.

> ANTI-AGING FACIAL \$75

Are the signs of aging becoming more prevalent on your skin? Give it a revitalizing power boost with this treatment designed to help firm, smooth, nourish, regenerate and energize while controlling the biochemical triggers that lead to skin aging! Potent vitamin and hydroxy acid exfoliation resurfaces and retexturizes skin while energizing massage techniques release tension in the facial muscles for the ultimate in skin therapy for prematurely aging, mature or devitalized skin, while delivering the immediate results only available from a professional skin treatment. Series of 3 for \$195. 75 minutes.

> POWER EXFOLIATION TREATMENT \$35

Firm, tone and brighten skin with this maximum strength exfoliation treatment. Hydroxy acids remove dulling surface debris to help reverse the signs of aging while a nourishing cocktail of vitamins, botanical extracts and conditioning agents help soothe and restore skin to optimal health. A great treatment for between facials maximizing results. Series of 3 for \$90. 30 minutes.

> ENVIRONMENTAL CONTROL TREATMENT \$55

Ideal for soothing and calming inflamed environmentally sensitized skin. Our super-soothing cleansing will remove impurities from your skin. Followed by a calming oatmeal masque that will instantly reduce redness and inflammation. Great for Rosacea. Series of 3 for \$150. 70 minutes.

> MEN'S FACIAL \$45

Designed for the specific requirements of a man. This facial includes deep cleansing, exfoliation, gentle extraction if required, facial massage, and mask. Followed by a light moisturizer application. Skin will be rejuvenated and refreshed. (For best results, please shave a few hours before treatment). 55 minutes.

> BACK FACIAL \$45

Treat your back! This deep cleansing and exfoliation process ends with purifying masque to remove congested areas in those hard to reach places. Your entire back will be worked and refined with a relaxing massage and left feeling soft and supple. 55 minutes.

> DELUXE FACIAL \$75

This results oriented facial will leave your skin renewed and refreshed as your stress melts away. Our hot stones will make this complete facial, that includes all of our treatments in our "Cleansing Facial" into a therapeutic session designed to stimulate circulation and rejuvenate your body, mind, and spirit. Hot stones will be used to massage and increase circulation on your face, neck, décolleté, along with your hands and feet. (This facial is not for those with acne or rosacea). 70 minutes.

> MINI-DELUXE FACIAL \$65

All the luxuries of our "Deluxe Facial" are included, except we use our hands in lieu of the hot stones to massage the face, neck, and décolleté. (This is a recommended alternative for those with acne or rosacea). 65 minutes.